

JESSICA M. PERKINS

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Department of Health Policy
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EDUCATION

- Ph. D. expected
2012/13 **Harvard University**, Cambridge, MA
Doctoral Candidate
Health Policy, Medical Sociology
Award: National Institute of Mental Health Training Grant
- M.S. 2008 **Harvard School of Public Health**, Boston, MA
M.S., Population and International Health
- B.S. 2005 **Davidson College**, Davidson, NC
Honors Psychology, Minor in Spanish, 2005
Awards: Phi Beta Kappa, Sigma Xi Outstanding Research, Psi Chi Honor Society,
Francis B. Kemp Merit Scholarship

RESEARCH EXPERIENCE

- Jan 2010 – present **Harvard Medical School, MGH, MIT** Uganda and Boston, MA, Doctoral Student
Exploring social networks in rural Uganda to evaluate changes in health and economic outcomes
- Aug 2009 – present **Harvard Medical School**, Boston, MA, Doctoral Student
Measuring changes in social networks in Peru to evaluate social capital and HAART adherence after implementation of DOT as part of an HIV RCT
- May 2009 – present **Harvard University**, Peru, and Cambridge, MA, Researcher
Examining network data collection techniques and health in Peru, China, and Bangladesh
- Dec2008 - present **Harvard University**, Boston, MA, Doctoral Student
Creating a social network instrument to measure individuals' connectedness for the Longitudinal Aging Study in India (LASI)
- Jan 2008-present **Alcohol Education Project**, Boston, MA, Co-Investigator
Exploring misperceptions and norms of alcohol and tobacco use, weight, bullying, and violence among adolescents and their networks in the United States and in Great Britain
- Jan 2008-present **Harvard School of Public Health**, Boston, MA, Doctoral Student
Analyzed social determinants of health outcomes (BMI, HIV, height) in India and in the United States
- Apr –Nov 2008 **Harvard School of Public Health**, Boston, MA, Research Assistant

Examined socioeconomic and race/ethnic differences in treatment outcomes for depressed older adults

- 2007-2008 **Research Program on Global Child Adversity, Francois-Xavier Bagnoud Center for Health and Human Rights**, Boston, MA, Research Assistant
Conducted quantitative analyses on mental health of former child soldiers
- 2006-2007 **Dana Farber Cancer Institute**, Boston, MA, Research Assistant
Conduct interviews with shift workers in nursing homes to ascertain mental and physical health status and work-family policy knowledge
- 2006-2007 **Partners In Health/Harvard Medical School**, Boston, MA, Research Assistant
Transcribed interviews conducted with HIV patients living in Cuba
- 2005-2006 **Moroccan Family Planning Association**, Rabat, Morocco, Research Assistant
Drafted a reproductive health and needs assessment survey for use in rural clinics

TEACHING EXPERIENCE

- Fall 2009 **Special Concentration 98r: Global Health Tutorial**
Instructor
- Fall 2009 **Societies of the World 25: Health, Community, Culture: Case Studies in Global Health**
Course Developer & Harvard College Head Teaching Fellow
Course taught by Drs. Paul Farmer, Arthur Kleinman, Anne Becker, & Salmaan Keshavjee
- Spring 2009/2008 **Sociology 190: Life and Death in the United States: Medicine and Disease in the Social Context**
Harvard College Teaching Fellow
Course taught by Dr. Nicholas Christakis
- Fall 2008 **Anthropology 1825: Health, Community, and Culture: Case Studies in Global Health**
Harvard College Teaching Fellow - Award: Certificate of Distinction in Teaching
Course taught by Drs. Jim Y. Kim, Paul Farmer, & Arthur Kleinman

PUBLICATIONS

Peer-reviewed articles

Subramanian, S.V. Perkins, J.M., & Özaltin, E. Height of nations: patterns and distribution in stature among women in low- to middle-income countries. (under review). *New England Journal of Medicine*.

Subramanian, S.V. Perkins, J.M., Özaltin, E., & Davey Smith, G. (under review). Weight of nations: Socioeconomic status and body mass index among women in low- to middle-income countries. *American Journal of Clinical Nutrition*.

Perkins, J., Khan, K., Davey Smith, G., & Subramanian, S.V. (under review). Patterns and distribution of height in India across birth years and socioeconomic status. *Economics and Human Biology*.

Perkins, H.W., Craig, D.W., & Perkins, J.M. (under review). Using social norms to reduce bullying: A research intervention in five middle schools. *Group Processes and Intergroup Relations*.

Perkins, J., Perkins, H.W., & Subramanian, S.V. (under review). Predicting adolescent BMI from individual and school characteristics: A multilevel analysis of 6th through 12th grade students in U.S. schools. *PlosONE*.

Perkins, J., Perkins, H.W., & Craig, D. (In press). Misperceptions of peer norms as a risk factor for sugar-sweetened beverage consumption among US secondary school students. *Journal of the American Dietetic Association*.

Huijts, T., Perkins, J., & Subramanian, S.V. (In press). Political regimes, political ideology, and self-rated health in Europe. *International Journal of Epidemiology*

Perkins, J., Perkins, H.W., & Craig, D. (In press). Peer weight norm misperception as a risk factor for being over- and underweight among UK secondary school students. *European Journal of Clinical Nutrition*.

Huijts, T., Perkins, J., & Subramanian, S.V. (In press). Association between political ideology and health in Japan. *Journal of Epidemiology and Community Health*.

Subramanian, S.V., Huijts, T., & Perkins, J. (2009). Association between political ideology and health in Europe. *European Journal of Public Health, online June 17*, 1-3

Subramanian, S.V., Perkins, J., & Khan, K. (2009). Do burdens of underweight and overweight coexist among lower socioeconomic groups in India? *American Journal of Clinical Nutrition, 90*, 1-8.

Perkins, J., Khan, K., & Subramanian, S.V. (2009). Patterns and distribution of HIV among Adult Men and Women in India. *PLoS ONE, 4*, e568.

Perkins, J., Multhaup, K., Perkins, H.W. & Barton, C. (2008). Self-Efficacy and Participation in Physical and Social Activity Among Older Adults in Spain and the United States, *The Gerontologist, 48*, 51-58.

Letters

Subramanian, S.V. & Perkins, J. (2009). Are Republicans healthier than Democrats? *International Journal of Epidemiology, online March 5*, 1-2

Book chapters

Perkins, J. & Subramanian, S.V. Social epidemiology of nutritional burden among children and adolescents in India. In Moreno L, Pigeot I, Ahrens W (eds). *Epidemiology of Obesity in Children and Adolescents. Part I "Descriptive Epidemiology"*. Springer (In press).

Working Papers:

Perkins, J., Perkins, H.W., & Craig, D. Misperceptions of weight norms and its association with overweight and underweight status among US adolescents.

Perkins, J. & Takada, S. Social networks in developing countries: A literature review.

Perkins, J. Invisible helping hands: Social networks as the 'other' aid organization.

Perkins, J. Collecting social network data across socioeconomic strata: A pilot study from Peru

Perkins, H.W., Craig, D., & Perkins, J. Misperceptions about adolescent bullying norms.

Perkins, H.W., Perkins, J., & Craig, D. No Safe Haven: Victimization and bullying among United States' youth.

Perkins, J. & Reich, M. “Creating Access to the Polio Vaccine in the United States: A Case Study”.

PRESENTATIONS

Misperceptions of weight norms as a risk factor for overweight and underweight status among secondary school students. Perkins, J., Perkins, H.W., & Craig, D.W. Oral Presentation in session on Child and Adolescent Health, 137th APHA Annual Meeting (November 7-11, 2009) in Philadelphia, PA.

Where does bullying take place among adolescents when they are at school?. Perkins, H.W., Perkins, J., & Craig, D.W. Oral Presentation in session on Family Structure, Communication and Health, 137th APHA Annual Meeting (November 7-11, 2009) in Philadelphia, PA.

Misperceptions of bullying norms as a risk factor associated with violence among middle school students. Perkins, H.W., Craig, D.W., & Perkins, J. Oral Presentation in session on Perspectives in Child and Adolescent Health, 137th APHA Annual Meeting (November 7-11, 2009) in Philadelphia, PA.

An unexpected double burden: *S. haematobium* infection in the peri-urban setting outside Lusaka, Zambia. (October, 2008). Agnew-Blais, J., Perkins, J., Khan, K., Carnevale, J., & Gropper, A. Presentation at the annual American Public Health Association conference, San Diego, CA.

Lack of HIV/AIDS knowledge among school-age children and caregivers in an area of high HIV/AIDS prevalence: A descriptive analysis of a peri-urban population outside Lusaka, Zambia. (October, 2008). Agnew-Blais, J., Perkins, J., Khan, K., Carnevale, J., & Gropper, A. Presentation at the annual American Public Health Association conference, San Diego, CA.

Assessing weight norms, misperceptions, and Body Mass Index: Comparing the Importance of school context and composition versus individual perception. (July, 2008). Perkins, J. Perkins, H.W., & Craig, D. Presentation at the annual National Social Norms Conference, San Francisco, CA.

Coping Strategies and Mental Health of Former Child Soldiers in Sierra Leone: A quantitative Analysis. (March, 2008). Perkins, J. & Khan, K. Presentation at the annual Student Research Conference at the Harvard Graduate School of Education, Boston, MA.

Applying Relative Importance to Multivariate Analysis of Variance. (May 2006). Tonidandel, S., LeBreton, J. & Perkins, J. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Dallas, TX.

Age and Decoy Effects In Preferential Choice. (April, 2006). Faust, M., Multhaup, K., Perkins, J., Patterson, M., Jagusztyn, M., Weigand, B. & Chin Feman, S. Poster presented at the biennial Cognitive Aging Conference, Atlanta, GA.

Aging, End Effects, Most of Life Effects, and Quality of Life Ratings. (April, 2005). Perkins, J., Patterson, M., Jagusztyn, M., Weigand, B., Chin Feman, S., Multhaup, K. & Faust, M. Poster presented at the annual meeting of the South Eastern Psychological Association, Nashville, TN.

LANGUAGES: Spanish – Proficient; Moroccan Arabic – Conversational; Standard Arabic – Beginner

STATISTICAL PROGRAMS: SAS; STATA; SPSS; MLwin