

JESSICA M. PERKINS

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EDUCATION

- Ph. D. exp. 2013 **Harvard University**, Cambridge, MA13
Doctoral Candidate
Health Policy, Medical Sociology
Award: National Institute of Mental Health Training Grant 2008-2010
- M.S. 2008 **Harvard School of Public Health**, Boston, MA
M.S., Population and International Health
- B.S. 2005 **Davidson College**, Davidson, NC
Honors Psychology, Minor in Spanish, 2005
Awards: Phi Beta Kappa, Sigma Xi Outstanding Research, Psi Chi Honor Society,
Francis B. Kemp Merit Scholarship

RESEARCH EXPERIENCE

- Jan 2010 – present **Harvard University, MGH, MIT** Uganda and Boston, MA, Doctoral Candidate
Directing field research on social networks in rural Uganda to evaluate changes in health and economic outcomes
- Aug 2009 – present **Harvard Medical School**, Boston, MA, Doctoral Candidate
Measuring changes in social networks and community perceptions in Peru to evaluate adherence to HAART after implementation of DOT as part of an HIV RCT
- Jan 2008-present **Alcohol Education Project**, Boston, MA, Co-Investigator
Exploring misperceptions and norms of alcohol and tobacco use, weight, bullying, and violence among adolescents and their networks in the United States and in Great Britain
- 2009 – 2010 **Harvard University**, Cambridge, MA, Doctoral Candidate
Directing and examining network data collection techniques and health in Peru, China, and Bangladesh
- 2008 – 2010 **Harvard University**, Cambridge, MA, Doctoral Candidate
Created a social network instrument to measure individuals' connectedness for the Longitudinal Aging Study in India (LASI)
- 2008 – 2010 **Harvard School of Public Health**, Boston, MA, Doctoral Student
Analyzed social determinants of health outcomes (BMI, HIV, height) in India and in the United States

- Apr –Nov 2008 **Harvard School of Public Health**, Boston, MA, Research Assistant
Examined socioeconomic and race/ethnic differences in treatment outcomes for depressed older adults
- 2007-2008 **Research Program on Global Child Adversity, Francois-Xavier Bagnoud Center for Health and Human Rights**, Boston, MA, Research Assistant
Conducted quantitative analyses on mental health of former child soldiers
- 2006-2007 **Dana Farber Cancer Institute**, Boston, MA, Research Assistant
Conduct interviews with shift workers in nursing homes to ascertain mental and physical health status and work-family policy knowledge
- 2006-2007 **Partners In Health/Harvard Medical School**, Boston, MA, Research Assistant
Transcribed interviews conducted with HIV patients living in Cuba
- 2005-2006 **Moroccan Family Planning Association**, Rabat, Morocco, Research Assistant
Drafted a reproductive health and needs assessment survey for use in rural clinics

TEACHING EXPERIENCE

- Fall 2010 **Harvard Extension School Social Sciences E-125: Health, Community, Culture: Case Studies in Global Health**,
Head Teaching Fellow
Course taught Drs. Paul Farmer, Arthur Kleinman, Anne Becker, & Salmaan Keshavjee
- Fall 2009/Spr 2010 **Harvard Global Health Review**
Advisor
- Fall 2009 **Harvard College Special Concentration 98r: Global Health Tutorial**
Instructor
- Fall 2009 **Harvard College Societies of the World 25: Health, Community, Culture: Case Studies in Global Health**
Course Developer & Head Teaching Fellow
Course taught by Drs. Paul Farmer, Arthur Kleinman, Anne Becker, & Salmaan Keshavjee
- Spring 2009/2008 **Harvard College Sociology 190: Life and Death in the United States: Medicine and Disease in the Social Context**,
Harvard College Teaching Fellow
Course taught by Dr. Nicholas Christakis
- Fall 2008 **Harvard College Anthropology 1825: Health, Community, and Culture: Case Studies in Global Health**
Harvard College Teaching Fellow - Award: Certificate of Distinction in Teaching
Course taught by Drs. Jim Y. Kim, Paul Farmer, & Arthur Kleinman

PUBLICATIONS

Peer-reviewed articles

Perkins, H.W., Craig, D.W., & Perkins, J.M. (2011). Using social norms to reduce bullying: A research intervention in five middle schools. *Group Processes and Intergroup Relations*, published online doi: 10.1177/1368430210398004.

Subramanian, S.V. Perkins, J.M., Özaltın, E., & Davey Smith, G. (2011). Weight of nations: Socioeconomic status and body mass index among women in low- to middle-income countries. *American Journal of Clinical Nutrition*, 93, 413-421.

Perkins, J., Khan, K., Davey Smith, G., & Subramanian, S.V. (2010). Patterns and trends of adult height in India. *Economics and Human Biology*, published online doi: 10.1016/j.ehb.2010.10.001.

Perkins, J., Perkins, H.W., & Craig, D. (2010). Misperceptions of peer norms as a risk factor for sugar-sweetened beverage consumption among US secondary school students. *Journal of the American Dietetic Association*, 110, 1916-1921.

Perkins, J., Perkins, H.W., & Craig, D. (2010). Peer weight norm misperception as a risk factor for being over- and underweight among UK secondary school students. *European Journal of Clinical Nutrition*. 64, 965-971.

Huijts, T., Perkins, J., & Subramanian, S.V. (2010). Political regimes, political ideology, and self-rated health in Europe: A multilevel analysis. *PlosONE*, 5, e11711

Huijts, T., Perkins, J., & Subramanian, S.V (2010). Association between political ideology and health in Japan. *Journal of Epidemiology and Community Health*, 64, 838-840.

Subramanian, S.V., Huijts, T., & Perkins, J. (2009). Association between political ideology and health in Europe. *European Journal of Public Health*, 19, 455-457.

Subramanian, S.V., Perkins, J., & Khan, K. (2009). Do burdens of underweight and overweight coexist among lower socioeconomic groups in India? *American Journal of Clinical Nutrition*, 90, 1-8.

Perkins, J., Khan, K., & Subramanian, S.V. (2009). Patterns and distribution of HIV among Adult Men and Women in India. *PlosONE*, 4, e568.

Perkins, J., Multhaupt, K., Perkins, H.W. & Barton, C. (2008). Self-Efficacy and Participation in Physical and Social Activity Among Older Adults in Spain and the United States, *The Gerontologist*, 48, 51-58.

Letters

Subramanian, S.V. & Perkins, J. (2009). Are Republicans healthier than Democrats? *International Journal of Epidemiology*, online March 5, 1-2

Book chapters

Perkins, J. & Subramanian, S.V. (2011). Social epidemiology of nutritional burden among children and adolescents in India. Pp. 163-182 in Moreno L, Pigeot I, Ahrens W (eds). *Epidemiology of Obesity in Children and Adolescents: Prevalence and Etiology*. Springer: New York.

Working Papers:

Perkins, J., Perkins, H.W., & Craig, D. Misperceptions of weight norms and its association with overweight and underweight status among US adolescents.

Perkins, H.W., Perkins, J., & Craig, D. Locations of victimization and bullying among United States' youth.

Perkins, H.W., Craig, D., & Perkins, J. Misperceptions about adolescent bullying norms.

Perkins, J., Perkins, H.W., & Subramanian, S.V. Predicting adolescent BMI from individual and school characteristics: A multilevel analysis of 6th through 12th grade students in U.S. schools.

Perkins, J. & Takada, S. Social networks in developing countries: A literature review.

Perkins, J. Invisible helping hands: Social networks as the 'other' aid organization.

Perkins, J. Collecting social network data across socioeconomic strata: A pilot study from Peru

Reviewer:

The Gerontologist

Women and Health

Economics and Human Biology

American Journal of Public Health

Social Science and Medicine

PRESENTATIONS

Gathering sociocentric network data in semi-rural Uganda: A collaborative experience. Perkins, J. Oral presentation at "Social Networks in Small-Scale Societies" conference hosted by the Radcliffe Institute for Advanced Studies (February 25-26, 2011) in Cambridge, MA.

Misperceptions of weight norms as a risk factor for overweight and underweight status among secondary school students. Perkins, J., Perkins, H.W., & Craig, D.W. Oral Presentation in session on Child and Adolescent Health, 137th APHA Annual Meeting (November 7-11, 2009) in Philadelphia, PA.

Where does bullying take place among adolescents when they are at school?. Perkins, H.W., Perkins, J., & Craig, D.W. Oral Presentation in session on Family Structure, Communication and Health, 137th APHA Annual Meeting (November 7-11, 2009) in Philadelphia, PA.

Misperceptions of bullying norms as a risk factor associated with violence among middle school students. Perkins, H.W., Craig, D.W., & Perkins, J. Oral Presentation in session on Perspectives in Child and Adolescent Health, 137th APHA Annual Meeting (November 7-11, 2009) in Philadelphia, PA.

Beyond biostats?: Towards a theoretical toolbox for global health education. Perkins, J. & Takada, S. Oral presentation in session on Global Health and Social Theory: Practice, Pedagogy and Unintended Consequences, Society for Medical Anthropology Annual Meeting (September 24-27, 2009) in New Haven, CT.

An unexpected double burden: S. haematobium infection in the peri-urban setting outside Lusaka, Zambia. (October, 2008). Agnew-Blais, J., Perkins, J., Khan, K., Carnevale, J., & Gropper, A. Presentation at the annual American Public Health Association conference, San Diego, CA.

Lack of HIV/AIDS knowledge among school-age children and caregivers in an area of high HIV/AIDS prevalence: A descriptive analysis of a peri-urban population outside Lusaka, Zambia. (October, 2008).

Agnew-Blais, J., Perkins, J., Khan, K., Carnevale, J., & Gropper, A. Presentation at the annual American Public Health Association conference, San Diego, CA.

Assessing weight norms, misperceptions, and Body Mass Index: Comparing the Importance of school context and composition versus individual perception. (July, 2008). Perkins, J. Perkins, H.W., & Craig, D. Presentation at the annual National Social Norms Conference, San Francisco, CA.

Coping Strategies and Mental Health of Former Child Soldiers in Sierra Leone: A quantitative Analysis. (March, 2008). Perkins, J. & Khan, K. Presentation at the annual Student Research Conference at the Harvard Graduate School of Education, Boston, MA.

Applying Relative Importance to Multivariate Analysis of Variance. (May 2006). Tonidandel, S., LeBreton, J. & Perkins, J. Paper presented at the annual meeting of the Society for Industrial and Organizational Psychology, Dallas, TX.

Age and Decoy Effects In Preferential Choice. (April, 2006). Faust, M., Multhaup, K., Perkins, J., Patterson, M., Jaguszyn, M., Weigand, B. & Chin Feman, S. Poster presented at the biennial Cognitive Aging Conference, Atlanta, GA.

Aging, End Effects, Most of Life Effects, and Quality of Life Ratings. (April, 2005). Perkins, J., Patterson, M., Jaguszyn, M., Weigand, B., Chin Feman, S., Multhaup, K. & Faust, M. Poster presented at the annual meeting of the South Eastern Psychological Association, Nashville, TN.

LANGUAGES: Spanish – Proficient; Moroccan Arabic – Conversational; Standard Arabic – Beginner

STATISTICAL PROGRAMS: SAS; STATA; SPSS; MLwin; Netriks