

JESSICA M. PERKINS

Peabody College, Vanderbilt University
PMB 90, 230 Appleton Place
Nashville, Tennessee 37203-5721
Fax: (615) 875-1141

jessica.m.perkins@vanderbilt.edu
Mayborn 301 G (office)
615-875-3288 (office)
585-750-6694 (mobile)

CURRENT APPOINTMENTS

2017 – present **Assistant Professor**, Department of Human and Organizational Development,
Peabody College, Vanderbilt University
Faculty Affiliate, Vanderbilt Institute of Global Health, Vanderbilt University
Medical Center

AREAS OF SPECIALIZATION

Community health; global health; social determinants of health; social norms; social networks;
health promotion; field methods; health behaviors; mental health; nutrition

EDUCATION

2016 – 2017 **Postdoctoral training**, Department of Psychiatry, Massachusetts General
Hospital (MGH) & Harvard Medical School, MGH Center for Global Health
2015 – 2016 **Postdoctoral training**, Department of Social and Behavioral Sciences, Harvard
T.H. Chan School of Public Health, Harvard Center for Population and
Development Studies
2008 – 2015 **Ph.D.**, Health Policy (medical sociology track), Harvard University
2006 – 2008 **M.S.**, Population and International Health, Harvard School of Public Health
2001 – 2005 **B.S.**, Psychology with honors, concentrations in Medical Humanities and
Spanish, Davidson College

PROFESSIONAL EXPERIENCES

2008 – present Co-Investigator; Youth, Health, and Safety Project, Hobart and William Smith
Colleges
2012 – 2016 Research Specialist; MGH Center for Global Health
2010 – 2012 Research Manager in Uganda; Harvard University, Institute of Quantitative
Social Sciences
2006 – 2010 Research Assistant; Harvard School of Public Health / Harvard Medical School
2005 – 2006 Research Assistant; Moroccan Family Planning Association

PUBLICATIONS

Articles in refereed journals

1. Gausman J., **Perkins J.M.**, Lee H-Y., Mejia-Guevara I., Nam Y-S., Lee J-K., Oh J., & Subramanian S.V. Ecological and social patterning of child dietary diversity in India: a population-based study. Forthcoming in *Nutrition*.
2. Mejia-Guevarra I.*, Corsi D. J.*, **Perkins J. M.**, Kim, R., & Subramanian S.V. Variation in anthropometric status and growth failure in low- and middle-income countries. Forthcoming in *Pediatrics*.
3. Harling G., Morris K. A., Manderson L. **Perkins J. M.**, & Berkman L. Age and gender differences in social network composition and social support among older rural South Africans: findings from the HAALSI study. Forthcoming in *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*. [Harvard Centre for Health and Development Studies Working Paper 17(1); SSRN preprint: <http://dx.doi.org/10.2139/ssrn.2977867>].
4. Harling G., **Perkins J. M.**, Gomez-Olive F. X., Morris K. A., Wagner R. G., Montana L., Kabudula C. W., Bärnighausen T., Kahn K., & Berkman L. Interviewer-driven variability in social network reporting: results from Health and Aging in Africa: a Longitudinal Study of an INDEPTH community (HAALSI) in South Africa. Forthcoming in *Field Methods*.
5. **Perkins, J. M.**, Nyakato, V. N., Kakuhikire, B., Tsai, A. C., Subramanian, S. V., Bangsberg, D. R., & Christakis, N. A. (2017). Food insecurity, social networks and symptoms of depression among men and women in rural Uganda: a cross-sectional, population-based study. *Public Health Nutrition*, 1-11. doi: 10.1017/S1368980017002154.
6. **Perkins, J. M.**, Nyakato, V. N., Kakuhikire, B., Mbabazi, P. K., Perkins, H. W., Tsai, A. C., . . . Bangsberg, D. R. (2017). Actual versus perceived HIV testing norms, and personal HIV testing uptake: a cross-sectional, population-based study in rural Uganda. *AIDS and Behavior*, 1-13. doi: 10.1007/s10461-017-1691-z.
7. Tsai, A. C., Kakuhikire, B., **Perkins, J. M.**, Vořechovská, D., McDonough, A. Q., Ogburn, E. L., . . . Bangsberg, D. R. (2017). Measuring personal beliefs and perceived norms about intimate partner violence: population-based survey experiment in rural Uganda. *PLOS Medicine*, 14(5), e1002303. doi: 10.1371/journal.pmed.1002303.
8. **Perkins, J. M.**, Kim, R., Krishna, A., McGovern, M., Aguayo, V. M., & Subramanian, S. V. (2017). Understanding the association between stunting and child development in low- and middle-income countries: Next steps for research and intervention. *Social Science & Medicine*, 193(Supplement C), 101-109. doi: 10.1016/j.socscimed.2017.09.039.
9. Corsi, D. J., **Perkins, J. M.**, & Subramanian, S. V. (2017). Child anthropometry data quality from Demographic and Health Surveys, Multiple Indicator Cluster Surveys, and National Nutrition Surveys in the West Central Africa region: are we comparing apples and oranges? *Global Health Action*, 10(1), 1328185. doi: 10.1080/16549716.2017.1328185.

10. Cooper-Vince, C. E., Kakuhikire, B., Vorechovska, D., McDonough, A. Q., **Perkins, J. M.**, Venkataramani, A. S., . . . Tsai, A. C. (2017). Household water insecurity, missed schooling, and the mediating role of caregiver depression in rural Uganda. *Global Mental Health*, 4. doi: 10.1017/gmh.2017.14.
11. Ashaba, S., Kakuhikire, B., Vořechovská, D., **Perkins, J. M.**, Cooper-Vince, C. E., Maling, S., . . . Tsai, A. C. (2017). Reliability, validity, and factor structure of the Hopkins Symptom Checklist-25: population-based study of persons living with HIV in rural Uganda. *AIDS and Behavior*. doi: 10.1007/s10461-017-1843-1.
12. Tsai, A. C., Kakuhikire, B., Mushavi, R., Vořechovská, D., **Perkins, J. M.**, McDonough, A. Q., & Bangsberg, D. R. (2016). Population-based study of intra-household gender differences in water insecurity: reliability and validity of a survey instrument for use in rural Uganda. *Journal of Water and Health*, 14(2), 280-292. doi: 10.2166/wh.2015.165.
13. Rajaram, R., **Perkins, J. M.**, Joe, W., & Subramanian, S. V. (2016). Individual and community levels of maternal autonomy and child undernutrition in India. *International journal of public health*, 1-9. doi: 10.1007/s00038-016-0850-8
14. **Perkins, J. M.**, Subramanian, S. V., Davey Smith, G., & Özaltin, E. (2016). Adult height, nutrition, and population health. *Nutrition Reviews*, 74(3), 149-165. doi: 10.1093/nutrit/nuv105.
15. **Perkins, J. M.**, Lee, H. Y., James, K. S., Oh, J., Krishna, A., Heo, J., . . . Subramanian, S. V. (2016). Marital status, widowhood duration, gender and health outcomes: a cross-sectional study among older adults in India. *BMC Public Health*, 16(1), 1032. doi: 10.1186/s12889-016-3682-9.
16. **Perkins, J. M.**, Lee, H.-Y., Lee, J.-K., Heo, J., Krishna, A., Choi, S., . . . Subramanian, S. (2016). Widowhood and alcohol, tobacco, and other drug use among older adults in India. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, gbw134. doi: 10.1093/geronb/gbw134.
17. Kakuhikire, B., Suquillo, D., Atuhumuza, E., Mushavi, R., **Perkins, J. M.**, Venkataramani, A. S., . . . Tsai, A. C. (2016). A livelihood intervention to improve economic and psychosocial well-being in rural Uganda: longitudinal pilot study. *SAHARA-J: Journal of Social Aspects of HIV/AIDS*, 13(1), 162-169. doi: 10.1080/17290376.2016.1230072.
18. **Perkins, J. M.**, Subramanian, S. V., & Christakis, N. A. (2015). Social networks and health: a systematic review of sociocentric network studies in low- and middle-income countries. *Social Science & Medicine*, 125, 60-78. doi: 10.1016/j.socscimed.2014.08.019.
19. **Perkins, J. M.**, Perkins, H. W., & Craig, D. W. (2015). Misperception of peer weight norms and its association with overweight and underweight status among adolescents. *Prevention Science*, 16(1), 70-79. doi: 10.1007/s11121-014-0458-2.

20. Krishna, A., Oh, J., Lee, J. K., Lee, H. Y., **Perkins, J. M.**, Heo, J., . . . Subramanian, S. V. (2015). Short-term and long-term associations between household wealth and physical growth: a cross-comparative analysis of children from four low- and middle-income countries. *Global Health Action*, 8, 26523. doi: 10.3402/gha.v8.26523.
21. Perkins, H. W., **Perkins, J. M.**, & Craig, D. W. (2014). No safe haven: locations of harassment and bullying victimization in middle schools. *Journal of School Health*, 84(12), 810-818. doi: 10.1111/josh.12208.
22. Subramanian, S., **Perkins, J. M.**, Özaltin, E., & Davey Smith, G. (2011). Weight of nations: a socioeconomic analysis of women in low- to middle-income countries. *The American Journal of Clinical Nutrition*, 93(2), 413-421. doi: 10.3945/ajcn.110.004820.
23. **Perkins, J. M.**, Khan, K. T., Smith, G. D., & Subramanian, S. V. (2011). Patterns and trends of adult height in India in 2005-2006. *Economics & Human Biology*, 9(2), 184-193. doi: 10.1016/j.ehb.2010.10.001.
24. Perkins, H. W., Craig, D. W., & **Perkins, J. M.** (2011). Using social norms to reduce bullying: a research intervention among adolescents in five middle schools. *Group Processes & Intergroup Relations*, 14(5), 703-722. doi: 10.1177/1368430210398004.
25. Subramanian, S. V., & **Perkins, J. M.** (2010). Are republicans healthier than democrats? *International Journal of Epidemiology*, 39(3), 930-931. doi: 10.1093/ije/dyp152
26. Subramanian, S. V., Hamano, T., **Perkins, J. M.**, Koyabu, A., & Fujisawa, Y. (2010). Political ideology and health in Japan: a disaggregated analysis. *Journal of Epidemiology and Community Health*, 64(9), 838-840. doi: 10.1136/jech.2009.097915.
27. **Perkins, J. M.**, Perkins, H. W., & Craig, D. W. (2010). Peer weight norm misperception as a risk factor for being over and underweight among UK secondary school students. *European Journal of Clinical Nutrition*, 64(9), 965-971. doi: 10.1038/ejcn.2010.106.
28. **Perkins, J. M.**, Perkins, H. W., & Craig, D. W. (2010). Misperceptions of peer norms as a risk factor for sugar-sweetened beverage consumption among secondary school students. *Journal of the American Dietetic Association*, 110(12), 1916-1921. doi: 10.1016/j.jada.2010.09.008.
29. Huijts, T., **Perkins, J. M.**, & Subramanian, S. V. (2010). Political regimes, political ideology, and self-rated health in Europe: a multilevel analysis. *PLoS ONE*, 5(7), e11711.
30. Subramanian, S. V., Huijts, T., & **Perkins, J. M.** (2009). Association between political ideology and health in Europe. *The European Journal of Public Health*, 19(5), 455-457. doi: 10.1093/eurpub/ckp077.

31. Subramanian, S. V., **Perkins, J. M.**, & Khan, K. T. (2009). Do burdens of underweight and overweight coexist among lower socioeconomic groups in India? *The American Journal of Clinical Nutrition*, 90(2), 369-376. doi: 10.3945/ajcn.2009.27487.
32. **Perkins, J. M.**, Khan, K. T., & Subramanian, S. V. (2009). Patterns and distribution of HIV among adult men and women in India. *PLoS ONE*, 4(5), e5648. doi: 10.1371/journal.pone.0005648.
33. **Perkins, J. M.**, Multhaup, K. S., Perkins, H. W., & Barton, C. (2008). Self-efficacy and participation in physical and social activity among older adults in Spain and the United States. *The Gerontologist*, 48(1), 51-58. doi: 10.1093/geront/48.1.51.

Book chapters

1. **Perkins J. M.** & Subramanian S. V. (2011). Social epidemiology of nutritional burden among children and adolescents in India. Pp. 163-181 in Moreno L, Pigeot I, Ahrens W, eds. *Epidemiology of Obesity in Children and Adolescents: Prevalence and Etiology*. New York: Springer.
2. Perkins HW & **Perkins J. M.** Using the social norms approach to promote health and reduce risk among college students. Forthcoming in Cimini DM, Rivero EM, eds. *Promoting Behavioral Health and Reducing Risk among College Students: A Comprehensive Approach*. Routledge.

PEER-REVIEWED CONFERENCE PRESENTATIONS & POSTERS

1. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. "Misperceptions of Peer Norms for Tobacco Use and Personal Use: Evidence from Students in Grades 6-12 Across 63 Schools in the United States." Oral presentation at the *Society for Behavioral Medicine Annual Conference*, 2017, San Diego, CA.
2. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. "Accurate Perceptions of Peer Norms is Key to Predicting Adolescent Abstaining from Tobacco Use Across Diverse School Settings and Student Types." Poster presentation at the *American Public Health Association Annual Conference*, 2015, Chicago, IL.
3. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. "Reporting of Weapon Carrying at School Among Us Youth: Personal Attitudes And Perceptions Of Peers' Attitudes." *American Public Health Association Annual Conference*, 2013, Boston, MA.
4. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. "Risks Associated With Distorted Perceptions of Body Weight Norms Among UK Youth." Oral presentation at the *British Sociological Association Annual Conference*, 2012, Leeds, UK.
5. Perkins, H.W., **Perkins, J.M.**, & Craig, D.W. "Bullying Behaviour Norms, Perceived Bullying Norms, and Personal Victimization Among UK Youth as Predictors of Self Assessed Isolation At School." Oral presentation at the *British Sociological Association Annual Conference*, 2012, Leeds, UK.

6. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. “Misperceptions of Weight Norms As A Risk Factor For Overweight and Underweight Status Among Secondary School Students.” Oral presentation at the *American Public Health Association Annual Conference*, 2009, Philadelphia, PA.
7. Perkins, H.W., **Perkins, J.M.**, & Craig, D.W. “Where Does Bullying Take Place Among Adolescents When They Are at School.” Oral presentation at the *American Public Health Association Annual Conference*, 2009, Philadelphia, PA.
8. Perkins, H.W., Craig, D.W., & **Perkins, J.M.** “Misperceptions of Bullying Norms As A Risk Factor Associated With Violence Among Middle School Students.” Oral presentation at the *American Public Health Association Annual Conference*, 2009, Philadelphia, PA.
9. **Perkins, J.M.** & Takada, S. “Beyond Biostats?: Towards A Theoretical Toolbox for Global Health Education.” Oral presentation at the *Society for Medical Anthropology Annual Conference*, 2009, New Haven, CT.
10. **Perkins, J.M.**, Perkins, H.W., & Craig, D.W. “Assessing Weight Norms, Misperceptions, and Body Mass Index: Comparing the Importance Of School Context and Composition Versus Individual Perception.” Oral presentation at the *Annual National Social Norms Conference*, 2008, San Francisco, CA.
11. Agnew-Blais, J., **Perkins, J.M.**, Khan, K., Carnevale, J., & Gropper, A. “An Unexpected Double Burden: S. Haematobium Infection in the Peri-Urban Setting Outside Lusaka, Zambia.” Poster presentation at the *American Public Health Association Annual Conference*, 2008, San Diego, CA. CA.
12. Agnew-Blais, J., **Perkins, J.M.**, Khan, K., Carnevale, J., & Gropper, A. “Lack of HIV/AIDS Knowledge among School-Age Children and Caregivers in An Area Of High HIV/AIDS Prevalence: A Descriptive Analysis of a Peri-Urban Population Outside Lusaka, Zambia.” Poster presentation at the *American Public Health Association Annual Conference*, 2008, San Diego, CA.
13. Tonidandel, S., LeBreton, J. & **Perkins, J.M.** “Applying Relative Importance to Multivariate Analysis of Variance.” Oral presentation at the *Society for Industrial and Organizational Psychology annual meeting*, 2006, Dallas, TX.
14. Faust, M., Multhaup, K., **Perkins, J.M.**, Patterson, M., Jagusztyn, M., Weigand, B., & Chin Feman, S. “Aging, End Effects, Most of Life Effects, and Quality of Life Ratings.” Poster presented at the *Cognitive Aging Biennial Conference*, 2006, Atlanta, GA.
15. **Perkins, J.M.**, Patterson, M., Jagusztyn, M., Weigand, B., Chin Feman, S., Multhaup, K. & Faust, M. “Aging, End Effects, Most of Life Effects, and Quality of Life Ratings.” Poster presented at the *South Eastern Psychological Association Annual Conference*, 2005, Nashville, TN.

INVITED TALKS AND PANEL DISCUSSIONS

1. "HIV Prevention and Social Norms in Rural Uganda." Health Policy Grand Rounds / Global Health Grand Rounds on November 13th, 2017 at Vanderbilt School of Medicine and Vanderbilt Institute of Global Health at Vanderbilt University Medical Center.
2. "Women in Global Health." Women's Leadership Conference on February 2nd, 2016 at Yale University.
3. "Social Networks, Norms, and Health in Southwestern Uganda." Yale Institute of Network Science Seminar on December 3rd, 2014 at Yale University.
4. "Gathering Sociocentric Network Data in Rural Uganda: A Collaborative Experience." Social Networks in Small-Scale Societies Conference on February 25th, 2011 at Radcliffe Institute for Advanced Studies.

RESEARCH GRANTS

09/01/2013 – 08/31/2014	National Institute of Mental Health T32 Trainee
09/01/2012 – 08/31/2013	Harvard Global Health Institute Doctoral Research Grant; "Social Network Correlates and Perceived Norms of Health Outcomes in Rural Uganda" [PI and writer]. \$12,500
09/01/2008 – 08/31/2010	National Institute of Mental Health T32 Trainee
05/15/2004 – 08/15/2004	Davidson College Abernethy Research Grant; "Older Adult Participation in Social and Physical Activity in Spain and the United States" [PI and writer]. \$6,000

HONORS

2016	Nomination for the Star Family Prize for Excellence in Advising
2014	Harvard Dissertation Completion Fellowship
2014	Nomination for the Star Family Prize for Excellence in Advising
2008	Bok Center Certificate for Distinction in Teaching, Harvard University
2005	Sigma Xi Outstanding Undergraduate Research Award for Honors Thesis
2005	Phi Beta Kappa

TEACHING EXPERIENCE

Harvard University – Teaching Fellow

Global Health and Health Policy (GHHP 99r)	Fall 2013; Fall 2014; Fall 2015
Biomedicine and Health Policy in America (HISTSOC143v)	Fall 2013
Case Studies in Global Health: Biosocial Perspectives (SSCI-25)	Fall 2010; Fall 2011
Life and Death in the US: Medicine and Disease in the Social Context (SOC190)	Spring 2008; Spring 2009

Global Health Tutorial (SC98r)

Spring 2009

Case Studies in Global Health: Biosocial Perspectives
(ANTHRO1825)

Fall 2008; Fall 2009

SERVICE

Student Mentoring

09/2017 – present	2 undergraduate students; 1 Masters student
09/2013 – 05/2014	Advising for Harvard College senior thesis in Sociology & Government: “Characteristics of Intervention Workers Nominated by Local Ugandan Village Leaders: Understanding Motivations for Delegating Power”
09/2009 – 05/2010 & 09/2013 – 05/2017	Undergraduate academic advising in sociology, global health, and health policy and residential undergraduate advising in mental health, sexual health, and wellness

Department Committees

2017 – present	Website committee for Vanderbilt University, Peabody College, Department of Human and Organizational Development. Goal: to improve the quality of online information available about the undergraduate and graduate programs
----------------	--

Ad-hoc Journal Reviewer

Ageing & Society; AIDS and Behavior; American Journal of Public Health; Archives of Public Health; Basic and Applied Social Psychology; Body Image; Child: Care, Health & Development; Eating and Weight Disorders; Economics and Human Biology; Food and Nutrition Bulletin; Frontiers in Psychology; Health and Place; International Journal of Behavioral Nutrition and Physical Activity; International Journal of Obesity; Journal of Acquired Immune Deficiency Syndromes; Journal of Behavioral Medicine; Journal of Epidemiology & Community Health; Journal of Nutrition; Journal of Obesity and Overweight; Journal of Psychosomatic Research; Journal of Public Health Dentistry; Journal of the Academy of Nutrition and Dietetics; Personality and Individual Differences; PLoSONE; Prevention Science; Social Problems; Social Science and Medicine; Substance Abuse Treatment, Prevention, and Policy; The Gerontologist; World Development; Youth and Society

ORGANIZATIONAL MEMBERSHIPS

American Sociological Association
American Psychological Association
Population Association of America
American Public Health Association
Society of Behavioral Medicine
American Academy of Health Behavior